Work4Psy
An innovative model for career counselling
services to mental health NEETs

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HdBA-Literature Review no.1
(Io1 – Literature Review)

Title	Mental illnesses and working environment (Psychische Erkrankungen in der Arbeitswelt Analysen und Ansätze zur therapeutischen und betrieblichen Bewältigung)
Author	Alsdorf, Nora / Engelbach, Ute / Flick, Sabine / Haubl, Rolf / Voswinkel, Stephan
Year	2017
Type (article, report, book etc)	Book (about a qualitative research)
No of Pages	344
Language	german
Reference (APA style)	Alsdorf et al. 2017
Source (link)	https://www.transcript-verlag.de/media/pdf/59/34/26/oa9783839440308vaACI5U9WrUvQ.pdf
Summary	Which work situations are psychologically stressful? How do organizations deal with mental illness? And how is gainful employment in therapy addressed? (Welche Arbeitssituationen sind psychisch belastend? Wie gehen Organisationen mit psychischen Erkrankungen um? Und wie wird die Erwerbsarbeit in Therapie thematisiert?)
Does the paper refer to People with Mental Health Problems, NEETs or MH NEETs?	It refers to people with mental health problems and young people with problems at work

What types of intervention or methodology of career counselling / vocational training / career intervention or good practice are mentioned?	The development of mental illnesses caused by psychosocial stress at work, workplace health promotion and reintegration in the field of mental stress and disease, as well as the importance of work in psychotherapy (P. 23-48) Die Entwicklung psychischer Erkrankungen verursacht durch psychosoziale Belastungen in der Arbeit, die betriebliche Gesundheitsförderung und die Wiedereingliederung im Bereich psychischer Belastungen und Erkrankungen sowie einschließlich die Bedeutung der Arbeit in der Psychotherapie (S. 23-48)
Does the paper mention any specific tools used during the work integration process (evaluation, counselling etc)? In case the paper refers to a good practice provide a brief description.	Operational integration management as a good instrument for the companies during the integration process for people, who have worked in the company and got mental ill there. Or their mental illness got even worth while working there. They recommend that the companies and the clinics have to work together in an more intensive way and give therefore examples. Page 241ff.
Does the paper mention any barriers in the work integration process produced by family members, MH	no

professionals or careers counselors?	
Main Conclusions (in bullets)	Perspective 1: gainful employment and mental illness Perspective 2: Therapy and hospital stay Perspective 3: Between clinic and company Result: • Networking has to be improved between the professionals of the different organisations • Mental illnesses are to be understood as a combination of framework conditions at work, private conflict situations and individual life stories and vulnerabilities