

**WORK4PSY****AN INNOVATIVE MODEL FOR CAREER COUNSELLING SERVICES TO MH NEETs****LITERATURE REVIEW**
(IO1 – LITERATURE REVIEW)

Title (original)	Il gruppo mediano psicodinamico per l'inclusione socio-lavorativa dei pazienti con grave patologia mentale
Title (EN)	The psychodynamic median group for the socio-labour inclusion of patients with severe mental illness
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Year	2008
Type (article, report, book etc)	Article
No of Pages	12
Reference (APA style)	Barone, Raffaele & Bruschetta, Simone. (2008). Il gruppo mediano psicodinamico per l'inclusione socio-lavorativa dei pazienti con grave patologia mentale. 1.
Source (link)	https://www.researchgate.net/publication/265320172_Il_gruppo_mediano_psicodinamico_per_l'inclusione_socio-lavorativa_dei_pazienti_con_grave_patologia_mentale
Summary	We believe that social and occupational inclusion programs are part of the Personalized Therapeutic Project, as they are aimed at the care of the person through the recognition, enhancement and development of his healthy parts. In severe mental pathology, the healthy parts of the personality represent the main driving force on which to plan the activation of devices for the care of the sick parts and therefore on which to plan the entire healing process.
Does the paper refer to People with Mental Health Problems, NEETs or MH NEETs?	<input checked="" type="checkbox"/> People with MH Problems <input type="checkbox"/> NEETs <input type="checkbox"/> MH NEETs

<p>What types of intervention or methodology of career counselling / vocational training / career intervention or good practice are mentioned?</p>	<ul style="list-style-type: none"> • Local development and MH project: establishing a vocational guidance service through the psycho-social training group. • Within the “median” group, users recognize themselves as citizens who need a specific psycho-social-economic support. The groups can serve to orientate participants towards a specific and suitable job to get out of marginalization (through specific training and information) and to enable its participants to develop a network of interpersonal ties that serve as emotional and social support.
<p>Does the paper mention any specific tools used during the work integration process (evaluation, counselling etc)? In case the paper refers to a good practice provide a brief description.</p>	<ul style="list-style-type: none"> • Participants reflect (1) on their own experiences, potential and professional resources, (2) on the possibility of spend them into a job or entrepreneurial experience, and (3) on the social, legal, economic and last but not least family ties, which condition this possibility. • The work of these groups is a process of collective re-elaboration that takes place according to 4 distinct phases, although faded into each other, in chronological succession: <ol style="list-style-type: none"> 1. Analysis of the explicit and implicit demands; 2. Meaningfulness of the encounter with the other; 3. Development of psycho-social skills; 4. Creation of a community network for support and participation .
<p>Does the paper mention any barriers in the work integration process</p>	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> family members <input checked="" type="checkbox"/> MH professionals <input type="checkbox"/> careers counselors

<p>produced by family members, MH professionals or career counselors?</p>	
<p>Main Conclusions (in bullets)</p>	<ul style="list-style-type: none">• Working on the rediscovery of social responsibility with respect to one's own being in the world, instead of one's place in it, is one of the clinical-social objectives underlying this type of median groups.• Social life practices can limit not only the possibility for people with severe mental illness to contribute to the development of their family and community, but also the possibility to complete the Personalized Therapeutic Project towards a complete recovery.