



## WORK4PSY

AN INNOVATIVE MODEL FOR CAREER COUNSELLING SERVICES TO MH NEETs

### LITERATURE REVIEW (Io1 – LITERATURE REVIEW)

Title (original)	Présentation d'un dispositif d'accompagnement vers l'insertion professionnelle de personnes présentant un handicap psychique
Title (EN)	A Model of Support System for the Professional Insertion of People with Psychological Disability
Author(s)	Geoffroy Couhet, Jean-Philippe Dupérier, Isabelle Maysonnave et Karine Merceron
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Summary	Psychosocial rehabilitation, particularly work integration, is currently a public health preoccupation, as evidenced by recent publications on this topic and the development of new professional insertion program. This article aims to present a French health facility focused on psychosocial rehabilitation of persons in state of psychic disability, in order to highlight its specific programs of professional insertion.
Does the paper refer to People with Mental Health Problems, NEETs or MH NEETs?	<input checked="" type="checkbox"/> People with MH Problems <input type="checkbox"/> NEETs <input type="checkbox"/> MH NEETs
What types of intervention or methodology of career counselling / vocational training / career intervention or good practice are mentioned?	<ul style="list-style-type: none"> <li>• A "hybrid format" accompaniment offering training in professional skills, while at the same time carrying out integration actions in an ordinary environment.</li> <li>• Construction of a realistic professional project taking into account the person's wishes and skills. This construction is approached around modules of knowledge of trades, work on professional posture, and simulations in a company in an ordinary or protected environment.</li> </ul>

<p>Does the paper mention any specific tools used during the work integration process (evaluation, counselling etc)? In case the paper refers to a good practice provide a brief description.</p>	<ul style="list-style-type: none"> <li>• Assessment times in professional workshops</li> <li>• Personalised support and follow-up towards professional integration</li> <li>• Individual or group programs in connection with future solicitations: career guidance, preparation for job search, budget management</li> </ul>
<p>Does the paper mention any <b>barriers in the work integration process produced by</b> family members, MH professionals or careers counselors?</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> family members</li> <li><input type="checkbox"/> MH professionals</li> <li><input type="checkbox"/> careers counselors</li> </ul>
<p>Main Conclusions (in bullets)</p>	<ul style="list-style-type: none"> <li>• The fact of exercising a professional activity contributes to de-stigmatization and offers the opportunity for social recognition, as well as the feeling of belonging to a group, which is the basis of self-esteem. It thus contributes to empowerment, through an increase in the feeling of personal efficiency and the feeling of control over one's life and future.</li> <li>• The recovery process requires a personalized psychosocial rehabilitation path.</li> </ul>