

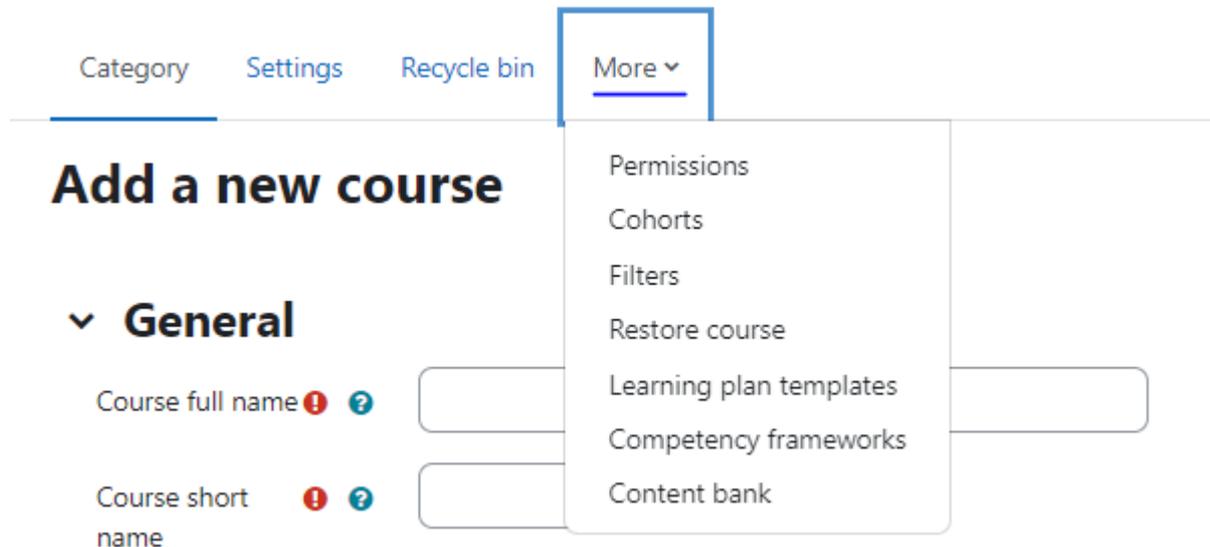
## AN INNOVATIVE MODEL FOR CAREER COUNSELLING SERVICES TO MENTAL HEALTH NEETs (Work4Psy)

### Moodle course restoring instruction

In order to perform interactive activities with your students, for example to assign the student to upload reflective form or homework, group work or any other interactive activity we recommend to download the archive of the course material and restore it into your Moodle site.

#### How to restore course in your Moodle site from archived file:

1. Download the archived file from the website to your computer.
2. Enter your Moodle site (administrator role).
3. Create new course.
4. Select *More*

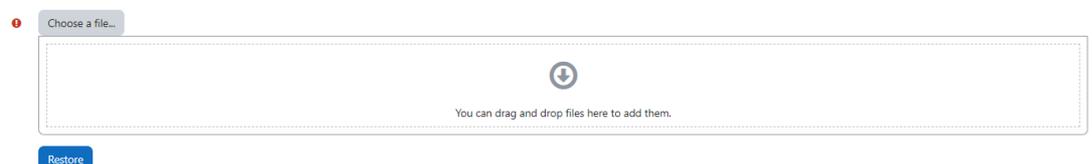


The screenshot shows the Moodle 'Add a new course' page. At the top, there are navigation tabs: 'Category', 'Settings', 'Recycle bin', and 'More'. The 'More' tab is selected and highlighted with a blue box. Below the tabs, the main heading is 'Add a new course'. Underneath, there is a 'General' section with two input fields: 'Course full name' and 'Course short name'. To the right of these fields, a dropdown menu is open, listing several options: 'Permissions', 'Cohorts', 'Filters', 'Restore course', 'Learning plan templates', 'Competency frameworks', and 'Content bank'. The 'Restore course' option is highlighted.

5. Select *Restore course* from the right menu.
6. Upload course archive file with the extension .mbz and select *Restore*

#### Import a backup file

Files



The screenshot shows the Moodle file upload interface. At the top, there is a 'Choose a file...' button. Below it is a large dashed box representing the file upload area. In the center of this box is a downward-pointing arrow icon and the text 'You can drag and drop files here to add them.' At the bottom left of the interface, there is a blue 'Restore' button.



Courses restore instruction from Moodle support documentation:

[https://docs.moodle.org/401/en/Course\\_restore](https://docs.moodle.org/401/en/Course_restore)